

MAGELLAN COACHES CORNER

WEEK 8 SUMMARY

Evaluate Growth Not Just Performance

Evaluate Development

Coaches should look to evaluate development in four key areas

1. Technical Consistency

Coaches should look at whether players can repeat technical actions with quality over time.

This includes:

- First touch
- Passing detail
- Ball control
- Body shape
- Execution under pressure
- Quality when tired or challenged

Key coaching question:

Can the player repeat the skill in realistic game moments?

2. Decision Making Growth

Coaches should evaluate whether players are learning to understand the game, not just follow instructions.

This includes:

- Scanning before receiving
- Recognizing space
- Knowing when to pass, dribble, shoot, or keep possession
- Solving problems independently
- Making better choices under pressure

Key coaching question:

Are players becoming better thinkers and decision makers?

3. Emotional Control

Coaches should observe how players respond when the game becomes difficult.

This includes:

- Response after mistakes
- Body language
- Communication
- Focus after setbacks
- Handling pressure, frustration, opponents, and referees

Key coaching question:

Can the player reset and stay connected to the game?

4. Team Contribution

Coaches should evaluate how each player impacts the group beyond individual skill.

This includes:

- Effort off the ball
- Communication
- Defensive work
- Support runs
- Encouragement
- Accountability
- Willingness to play a role

Key coaching question:

Does the player make the team better?

Long-Term Development Roadmap

Coaches have to think beyond the next practice or next match.

Guiding Question:

Where do you want your team to be in 12 months?

Coaches you should consider:

- What technical habits should improve?
- What should the team understand tactically?
- What should the team culture look like?
- How should players respond to pressure?
- What training habits need to become standards?
- What style of play should the team begin to show?
- How independent should players become?

The purpose of planning is to give your athletes a clear long term direction for their development. And ultimately a long term development for your team as a whole.

Coach Reflection & Demonstration

Coaches will have the opportunity to share what they took away from the program.

Each coach can reflect on:

1. One concept that stood out from Coaches Corner
2. One thing you have applied or want to apply
3. One area you want to improve as a coach
4. One thing your team needs most moving forward

Magellan Session Framework

Activate

Prepare players physically, mentally, and technically for the theme.

Challenge

Create the main learning environment with repetition, constraints, and coaching points.

Compete

Allow players to apply the theme in a game like or competitive setting.

Reflect

Help players identify what improved, what broke down, and what they need to carry forward.